The American Association of Managed Care Nurses (AAMCN) quarterly journal is a peer-reviewed national publication. The content of the journal consists of original articles dealing with the business and clinical side of managed care.

**AUTHOR GUIDELINES**

I. **Original Articles**

1. Each article should clearly state a problem or challenge facing today’s healthcare environment, discussion of possible strategies for solution or implementation, and reach a conclusion. Solutions or implementation strategies are expected to be reasonable, original thoughts supported by data. All statistical data and information not public knowledge should be referenced from a reliable literary source.

2. Articles should be relevant to United States managed care and have sound and timely references.

3. Articles can include topics of interest focusing on employee or worker-type concerns relevant to membership such as work-life balancing, reducing stress, managing personal responsibilities, avoiding burn-out, dual-role caregiving of parents and children issues, managing technologies and social medias, etc.

4. No articles that endorse services or products should be submitted.

II. **Editorial Review and Processing**

1. **Peer Review:** All articles submitted will be reviewed by the Editorial Review Board. Peer reviewer identities and author identities are kept confidential during this process.

2. Rejected articles will not be returned to authors unless specifically requested by the author in advance. Original illustrations, photographs, and slides will be returned.

3. **Editing:** Accepted articles are copy-edited for style, grammar, clarity, and length. At the editor’s discretion, particularly if substantive changes are made, articles may be returned to author for final review. Authors are responsible for all statements made in their work, including changes made by the editors and authorized by the author.
III. Article Preparation

1. **Biography**: Every article should include a brief biography of the author(s) (< 50 words) including academic/corporate affiliations. The name of the author(s) should be bold face and include academic degrees as follows:  
   **Natalie Irish, RN, MSN, CMCN** (etc.)

2. **Abstract**: *JMCN* abstract style includes a one or two paragraph “Summary” followed by “Key Points,” a series of quick-read bulleted items. The total word count should be no more than 275 words.

3. **Headings**:  
   “A” heads should be in bold face, flush left and initial caps.  
   “B” heads should be in bold/italic face, flush left and initial caps.  
   “C” heads should be underlined, flush left and lower case.

4. **References**: References should be double-spaced and consecutively numbered as they are cited in the text (the number of the reference should appear in superscript within the text). The article should be fully referenced within the text. References in incorrect format could be grounds for rejection of the article. If you need assistance in producing correct references, the editorial staff will be happy to answer any questions. References should follow the format of the *AMA Manual of Style*, 10th edition. Sample references are as follows:

   **Books**


   **Articles**


5. **Exhibits**: Tables and figures should be typed and consecutively numbered as they are cited in the text. Each table and figure should have a title. Title should be flush left, in bold face with initial caps. Source for the table or figure should be identified in the title with a superscript number and be listed as a reference.

   **Exhibit 1. Number of Inhabitants Per Region in France**

<table>
<thead>
<tr>
<th>Region</th>
<th>Male Population</th>
<th>Female Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bordeaux</td>
<td>14,000</td>
<td>15,000</td>
</tr>
<tr>
<td>Bourgogne</td>
<td>120,000</td>
<td>234,000</td>
</tr>
</tbody>
</table>
6. **Abbreviations and Acronyms:** On first reference, spell out the word and place the abbreviation or acronym in parentheses. Verify correct usage of all abbreviations and acronyms.

7. **Drug Names:** In general, use generic names for drugs. If the author wishes, the brand name may be included in parentheses when the generic name is mentioned for the first time. Drug names should be initial caps only. If the article is CE approved, the author must work with the AAMCN CE committee to complete all processes required by AAMCN and the American Nurses Credentialing Center (ANCC). Please contact us for more information.

8. **Punctuation & Miscellaneous:**
   - Use commas to separate elements in a series, and also use the serial comma before the conjunction (e.g., patients, physicians, and medical providers).
   - Indent bullet points.
   - Spell out numbers under 10. Use numerals for 10 and higher (e.g., The study results indicated that six persons were salt-sensitive; out of the 120 patients studied, six were insulin-resistant).
   - Always spell out numbers at the beginning of a sentence (e.g., Twenty-five of the 30 patients enrolled suffered from hypertension).
   - Spell out the word “percent” vs. using the symbol (%) in text (e.g., 50 percent of the population). The percent symbol is acceptable in tables and figures.
   - Use initial caps vs. all caps for company names (e.g., Lederle Laboratories).
   - Do not use hyphens between numbers within the text. (e.g., 12 to 16 patients; not 12-16 patients).

**IV. Submission Checklist**

All article submissions should include the following elements:
- The author(s) short biography.
- Article summary and key points.
- Contact numbers (phone and fax), complete mailing address, and e-mail address for designated corresponding author. This information should appear on the title page, along with the word count for the article and any acknowledgments for research and/or project support.
- Electronic version of the article as a Word Document or Rich Text Document emailed or sent by DropBox to Jackie Beilhart at jbeilhart@aamcn.org.

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Thank you for your interest in the *Journal of Managed Care Nursing*. We look forward to receiving your article!